

Couple Communication Class

Who is this communication skill training for?

- Couples struggling to communicate effectively

What does this communication class do?

- Teaches you and your partner practical communication skills
- You will learn to:
 - Reduce disagreements and tension
 - Expand understanding of yourself and your partner
 - Create faster, better resolutions to conflict
 - Develop confidence that you can communicate together effectively
 - Experience greater caring and esteem for self and partner
 - Increase satisfaction in your relationship

When are classes held?

- Call the office for dates/times
- Session limit of 4 couples
- Facilitated by Jeanne Harber Porter, MSW, LCSW, ACSW

What else do I need to know?

- It is imperative that all sessions be attended.
- The cost of the 8-hour class is \$289.00, including materials.
- Once you have registered, you may pick up your workbooks at any time and read the first chapter before class.
- For more information about insurance and fees, or for questions about Couples Communication and the group therapy process, call us at 260-486-5251.

